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## Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority's Sector Guidance - Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

*In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.*

*In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.*

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Horizon Christian High School
Key Contact Person for this Plan	Craig Burgess
Phone Number of this Person	503.612.6521 x111
Email Address of this person	cburgess@horizonchristian.school
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Basketball: Boys and Girls
Intended Starting Date for this Plan Update	April 26, 2021

## School Instructional Model

### OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

### Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

**\*\*In person instruction began on April 5th, 2021.**

## On-Site Testing for Symptomatic Individuals and Close Contacts

### OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

### Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

**\*\*We currently have COVID tests on-site as well a quarantine room for any suspected cases. Individuals display possible symptoms are taken to the quarantine room and the test is administered. IF the test is negative, the person is asked to go home and monitor for 24 hours. A positive result means the person is sent home for 14 days of quarantine. We will contact local health authorities and begin our contract tracing. In partnership with local health authorities, we will determine most appropriate actions steps based on a case by case basis.**

## Contact Information for Contact Tracing

### OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for

each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.

- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
  - [COVID Monitoring Form: Excel](#)
  - [COVID Monitoring Form: PDF](#)

### Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

**\*\*Each home team participant is cleared for competition upon arrival at school by responding to the 4 COVID questions. Visiting teams are required to submit a roster of participants that have been cleared by 2 pm of game day. Officials and game day volunteers are asked to sign in with phone number and asked the same 4 questions regarding COVID symptoms and exposure for contact tracing purposes. Referees are assigned a room, a bathroom and an entrance to the gym for their use only. Teams are given separate entrances to they gym as well as "team only" bathroom facilities. Between games the gym is cleared and "fogged" with sanitizer and the next teams and officials are allowed to enter the gym. Depending on county risk level, fans for the home team only are allowed entrance to the bleachers. They must sign in and respond to the 4 questions. In the bleachers they are required to wear masks and maintain social distancing from people they are not related. At most, only 2 fans per person have been allowed at indoor contests to date but with increasing risk levels in the county, fan support is still in question.**

## Student-Athlete Waiver

### OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

## Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

**\*\*We will collect and keep them at the front desk with our contact tracing forms.**